

## Services Provided by NNCTC

Trainings and Consultations:

**Cognitive Behavioral Intervention for Trauma in Schools (CBITS)**

**Helping the Helpers: Secondary Trauma Prevention**

**COPS, Kids, and Healthy Communities  
Domestic Violence Intervention**

**Mental health programs enhancing academic achievement, early intervention and school climate**

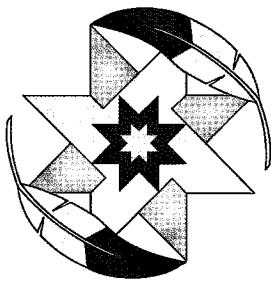
**Historical/intergenerational trauma and grief community awareness**

**Mental health recovery for emergencies  
(Psychological First Aid)**

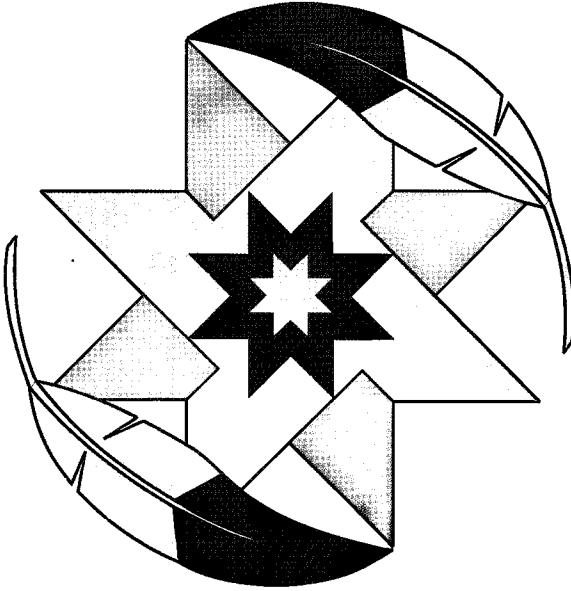
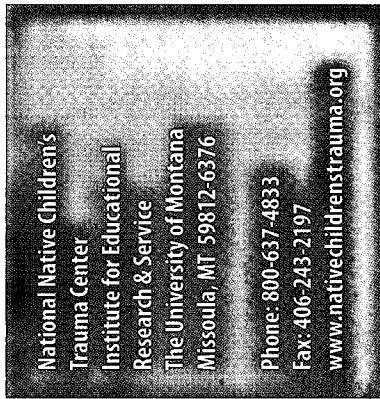
**Suicide prevention gatekeeper trainings**

- Question, Persuade, Refer (QPR)
- Applied Suicide Intervention Skills Training (ASIST)

**Mental health practitioner and school consultations**



## National Native Children's Trauma Center



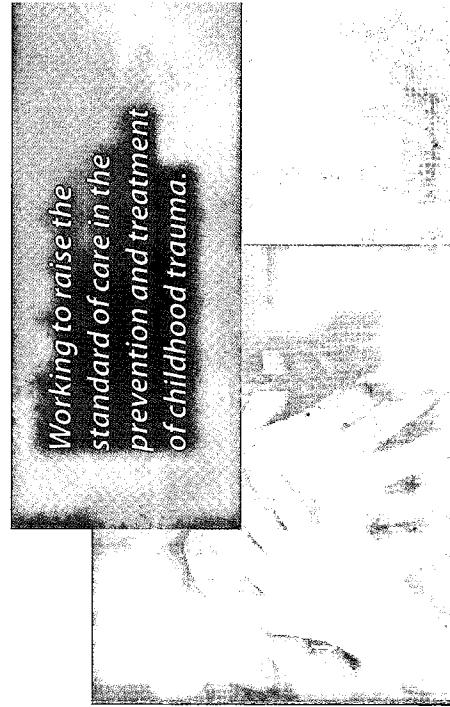
State-Tribal Relations IC

April 4, 2012

Fort Peck Reservation

EXHIBIT 6

# National Native Children's Trauma Center



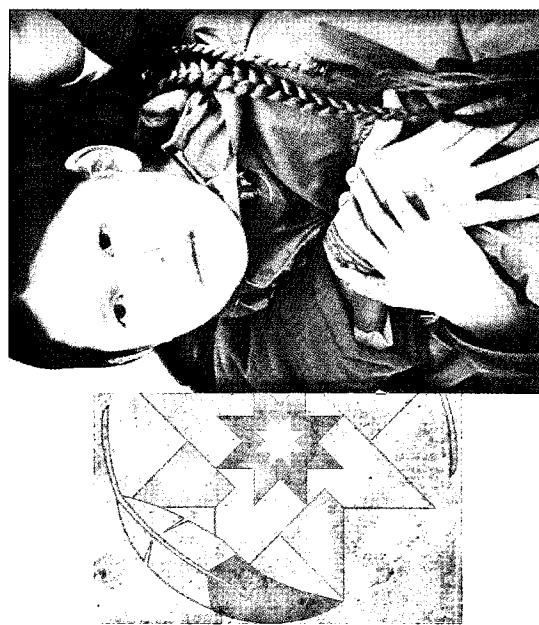
NCTSN

The National Child Traumatic Stress Network



Institute for Educational Research and Service

The University of Montana



Researchers at The University of Montana (UM) are encouraged to disseminate their professional conclusions, but no official endorsement by the Montana University System Board of Regents or UM should be inferred. This project was funded by the Substance Abuse and Mental Health Services Administration (SAMHSA), US Department of Health and Human Services (HHS) cooperative agreement SM-06-005. The views, policies, and opinions expressed are those of the authors and do not necessarily reflect those of SAMHSA or HHS.

# National Native Children's Trauma Center

## What is the NNCTC?

NNCTC staff offer trainings and consultations to community agencies, tribal programs, clinicians, school personnel, technicians, and families on the impacts and prevention of childhood traumatic stress.

The Center is part of the National Child Traumatic Stress Network funded by the U.S. Substance Abuse and Mental Health Services Administration (SAMHSA).

## Our commitment is to:

- Respect tribal sovereignty through all phases of program implementation.

- Respond to tribes' identified community needs for raising the standard of care of children who are experiencing traumatic stress, loss, grief or bereavement.

- Follow the guidance of tribes in establishing a collaborative process to implement, adapt, and evaluate trauma interventions.

## Why NNCTC?

Approximately 1 in 4 children will experience a significant traumatic event by the age of 16. Research suggests that Native American youth are at a greater risk of trauma, depression, and PTSD as a result of grief and exposure to violence.



- Most Native children possess strong resilience and do not develop traumatic stress symptoms. However, some need additional care.
- When exposure to traumatic events occurs frequently, or when traumatic stress is left unaddressed, children are susceptible to:
- Relationship problems
  - Drug and alcohol abuse
  - Violent behavior
  - Suicide and depression
  - Lower grades, increased school suspensions, and dropout
  - Bullying and victimization

## NNCTC believes:

In order for behavioral health interventions to be effective, they must be:

- Locally appropriate
- Culturally relevant
- Respectful of native wisdom
- Integrated across agencies
- Based on community awareness of the impacts and prevalence of traumatic stress

Interventions must be practical for use by community leaders, clinicians, teachers and family members.

NNCTC staff believe that culturally responsive childhood traumatic stress interventions are a vital component of comprehensive, community-based behavioral health programs for youth at-risk.